

Public Health Department

C-FORT Minutes May 2024

Agenda Item 1. Introductions

Attendees

Alba Natale
Amanda Klinck, Myrover-Reese
Amber Helton, CCDPH
Ana C. Jaramillo-Adams
Antiche Long
Carlotta Ray
Christina Scali
Courtney McCollum
Crystal
Danielle Farrior
Danielle Korbel
Demetris West
Denise Melton, SRAHEC
Elijah Bazemore
Greg Berry, CCDPH/NCHRC
Gregory Jackson, Sheriff's Department
Heather Sroka, CCDPH/CCDC
Ishmael Meachum
Jeff Stultz, Broken Chains JC
Jennifer Green, CCDPH
John Russell, Butterfly Effects
Lisa Blandin, SRAHEC
Lisa Jayne, Cumberland County
Louis Leake, CTC Fayetteville
Lynette McMillan
Mark Gronski
Melissa Mojica
Mitzi Averette, Retired
Monica Washington, Oxford House

Orlando Smith, CCDPH
Saeed Mohammed, Fresh Start Housing
Sanquis Graham, CCDPH
Tamra Morris, CCDPH
Tara Tucker, CCEMS

April 2024 Minutes reviewed and adopted

Agenda item 2. Opioid Data and Opioid Settlement Updates

Greg Berry, CFORT-C

-Dashboard doesn't have updated data available at this time.

Orlando Smith, BJA Funds and Housing Data

- -2 requests for 2nd month of rent payment
- -Funding period 8/24/2022-5/17/2024, Breakdown of referrals:
 - o Myrover-Reese Transfer-30
 - o Jail/Prison-13
 - o RI International-13
 - o Walter B. Jones Center- 5
 - o Wilmington Tx Center- 5
 - o Men's Recovery Tx Center- 3
 - o Harvest House- 2 (Dunn, NC)
 - o Path of Hope Treatment Center- 2
 - o Homeless- 10
 - o Healing Transitions- 1
 - o Monarch Detox- 1
 - o Phoenix Counseling Center- 1
 - o Open Door Ministries- 1 (Magnolia, NC)
 - o New Season MAT- 1
 - o Sober Living America- 1
 - Veterans Administration- 1
 - o Dream Life Recovery- 1
 - o Christian Recovery Center Inc.- 1
 - Advanced Health Education- 1
 - o Roberson Confinement in Response to Violation (CRV) Center- 1
 - o Greensboro Treatment Transfer- 1
 - o Ashville Recovery Center- 1
 - o Elmore-Blackley Fellowship Home (Dunn, N.C.)- 1
 - o Come in Broken Ministries- 1

Referral Contact:

Monica Washington

Outreach Services

Oxford House, Inc. -NC

919-805-5668

Monica.Washingtion@oxfordhouse.org

www.Oxfordhousenc.org

www.oxfordvacancies.com

Monica Washington, BJA Funds

- -Residents are greatly appreciative, it is a relief
- -Many don't have jobs, have been incarcerated
- -Individuals expected to work in Oxford House and pay rent each week
- -Some residents needed a second request due to medical issues
- -Inquiry about housing for expectant mother- none to accommodate in Fayetteville
- -Relocation to Wake, Orange, or Durham County
- -A lot of factors and resources she would need, such as daycare
- -Would preferably be somewhere with a single room, no roommates
- -Statewide women's coordinator has access to many resources
- -Uncertain if funds can be used for out of county support
- -Temporarily may be fine/tentative yes since resident is from Cumberland County

Tara Tucker, Review of Overdose Data, ED Visits, Fentanyl Report

- -Working with Fayetteville Fire, they have different trends
- -Comparison of data from 2020 through 2023, from Fayetteville Fire Department:

	2020				
	3/31/2020	6/30/2020	9/30/2020	12/31/2020	2020 TOTAL
Total number of OD calls fire responds to annually	31	. 46	84	153	314
Number of times Narcan administered	31	. 49	92	153	325
			2021		
	3/31/2021	6/30/2021	9/30/2021	12/31/2021	2021 TOTAL
	66	94	93	72	325
	68	94	93	72	327
			2022		
	3/31/2022	6/30/2022	9/330/2022	12/31/2022	2022 TOTAL
	150	179	159	134	622
	73	60	82	9 69	284
			2023		
	3/31/2023	6/30/2023	9/330/2023	12/31/2023	2023 TOTAL
	128	139	131	118	516
	64	86	72	71	293

Data from FFD

- -Community Narcan seems to be helping since OD calls and number of Narcan doses doesn't match in 2022-2023 like it did in 2020-2021
- -Data just from the city, not the entire county
- -New information sheet: not everyone is ready to get help and this info sheet is geared towards that, but we have resources available for individuals regardless of their willingness to receive treatment
- -Visiting organization in Indianapolis that has a robust ED peer program
- -Program has pocket sized harm reduction books and resource books
- -Suicide prevention- very intertwined with substance use, especially opioid epidemic
- -There is a group here working on suicide prevention- may need to have them join meetings
- -MAT program- still on course for July 1st
- -Our job is to do inductions and get individuals connected to the outreach program
- -We want connections to care within 7 days
- -Other EMS agencies and organizations want to replicate our work
- -Suicide prevention forum at UNC in June, open to everybody

Jeff Stultz, Broken Chains JC

- -Recently had first annual Hope Dealer conference in western NC
- -Recovery program trying to reach out to people at the precontemplation state
- -Training about recovery resources and Narcan training, peer support training, and mental health coaching
- -Not praying away addiction or pushing Christianity on others, but using Christianity as part of the solution to help people
- -Suicide prevention/988 patch and I carry Narcan patch

Louis Leake, CTC Opioid Settlement

- -We're in a new quarter/just finished first quarter
- -From beginning of April to today (5/21), we have served 67 unique individuals, primarily transportation but some housing such as downpayments or utilities
- -Provided around 50 bus passes
- -Given around 48 Uber Health rides- less expensive than regular Uber and great timing
- -Paid for training for individuals who are trying new vocations
- -Paid for vocational training for peer support and FTCC
- -Helping those coming out of the detention center get back on track
- -Working with those in the LEAD program to get them housing and sending more people into LEAD program
- -Use of settlement funds is giving people hope and helping individuals become more independent

Amanda Klinck, Myrover-Reese Opioid Settlement

- -Dixon and Tatum unable to attend
- -Board is continuing exploration on educating themselves on MAT
- -Appreciated visit from Mr. Leake
- -Hoping to get more speakers to speak to the board, including from UNC or Duke
- -Partnered with vocational rehab and will be providing additional employment support
- -Small electrical fire last month at Veteran's Men's Home displaced a few beds, repairs have been made and house is reopening
- -Main goal is within 48 hours of someone being admitted that they are able to meet needs so individuals can focus on recovery

Courtney McCollum, CCJS Opioid Settlement

-In process of hiring coordinator for Family Drug Treatment Court- should hopefully have by next meeting

Agenda item 3. Recovery Center Update

Greg Berry, CFORT-C

- -Reminder to send in MOU interest form- drafting MOU soon
- -Same with workflow process- if you want to weigh in, contact Greg or Charlton

Agenda item 4. Peer Support Certification Scholarship Update

Greg Berry, CFORT-C

- -Many peers are utilizing additional resources to get the hours they need to get their peer support certification
- -In process of setting up dates for Opioid Overdose Recognition and Reversal, BLS, and Mental Health First Aid
- -In the process of reviewing applicants from initial survey to prepare for third cohort
- -Individuals from initial scholarship are prioritized

John Russell, Butterfly Effects Letter of Support

- -Follow up group meeting with peer support specialists
- -Mentoring sessions at Golden Corral on the last day of every month
- -Support letter should communicate to other counties what went well or poorly with the program so the platform can be duplicated
- -Greg and John will meet later to determine specifics and letter of support will be discussed/approved at next meeting
- -Put ideas together and then send to Sanquis and Greg so they know what is needed

Agenda item 5. Grant updates

Dr. Jennifer Green, CCDPH

- -In April meeting, discussed recommendations from committee
- -Approved consent agenda for two new agencies to be funded with settlement funds
- -In original RFP, there were 4 or 5 strategies, but no one applied for early intervention strategies- reissued that specific strategy in January
- -Two new agencies to receive funding:
- -Mid-Carolina: proposal for early intervention kinship care- identifying youth with problematic substance use and providing them with resources/support; training individuals around youth (i.e. grandparents, parents, family, etc.) to recognize and support individuals experiencing OUD
- -Camp Rockfish- supporting two week camp during two summers of grant period to identify youth at two high schools with problematic substance use and teach them about Narcan, mental health, and other topics
- -Early intervention is not the same as prevention- early intervention is option A, prevention is option B
- -Option A strategies can be chosen from the list and completed, but option B strategies require a collaborative strategic planning process
- -2 years ago- bulk of work done for an option B collaborative planning process, but not finished. Proposing to go back and finish the collaborative process from option B with updated data to do prevention work
- -Commissioners American Rescue Plan Committee meeting- they put dollars towards prevention in schools

- -Schools want focus on Naloxone training, staff and nurses are trained but need greenlight to bring Narcan into the schools; waiting on direction from commissioners about student training
- -Rescue breathing face masks/barriers for CPR needed
- -Need to braid funding together, funding can't all be from opioid settlement funds because it will be used very quickly

Lisa Javne, Community Development Grant- Letter of Support

- -Letter of support for Health and Human Services- community development for the county
- -36-month grant for the street outreach program
- -Looking for C-FORT support because it is street outreach aimed at creating/implementing street outreach programs aimed at preventing and intervening to decrease sexual abuse among youth who have left home and young adults experiencing homelessness
- -Grant supports youth 16-22 years old
- -No objections to letter of support
- -Due June 7
- -Juvenile Drug Court- grant from DOJ
- -Up to \$1 million grant, 20% match from county
- -Implement new and innovative approaches to enhancing existing juvenile drug treatment courts to improve the outcomes for youth experiencing SUD or co-occurring mental health disorders and SUD, including those with histories of trauma
- -Due May 28
- -No objections to letter of support

Dr. Jennifer Green, CCDPH

- -18 months ago, ARP allocated dollars for fire department to purchase AED pads since they were going through them so quickly
- -Money will still be spent of AED pads, but back to standard pads rather than smart AED pads

Agenda item 6. Next Steps

Greg Berry, CFORT-C

- -Reminder for the CFORT Mobile Outreach Event will be Friday (5/31/2024), from 1PM to 3PM, in the parking lot of the Coliseum Inn on HWY 301
- -Reach out to reserve a space to participate if you haven't/would like to
- -Friends and Family SMART Teens
- -Likely in June on a Saturday- sending out potential dates soon

-Have information for those who applied for training

Sanquis Graham, CCDPH

- -Reminder for individuals to check emails for SMART Teens training
- -Reminder of the perinatal task force meeting
- -Next Tuesday (5/28) at 2pm
- -Some lived experience they would like to share
- -Free Locking Medicine Box and Deterra Medication Disposal Pouch
- -Go to lockyourmeds.org to get those for free
- -Introduced Amber, C-FORT Intern

Mark Gronski, Methodist University

- -Director of Counseling Services, Methodist University
- -International Overdose Awareness Day event on Saturday, August 31st
- -If you would like to participate as a vendor or want more info, contact Mark

Greg Berry, CFORT-C

-Any other announcements?

Heather Sroka, CCDPH/CCDC

-Detention Center has new peer support specialist, Greg Jackson- just joined Sheriff's Department

Louis Leake, Carolina Treatment Center

- -Reminder: as you work with struggling individuals, CTC has the only Family and Friends SMART recovery meeting- the support group meets Thursday nights at 6pm at 3427 Melrose Road
- -We also have 5 new recovery facilitators for locations that want SMART recovery meetings
- -Working on adding SMART recovery meetings in the evening

Mitzi Averette, MU

- -Recovery Resource Committee- came from needs assessment that identified the need
- -With Recovery Resource Center opening back up, would it be best to merge the CFORT and RRC committees?

Tara Tucker

-June Outreach Event- Shred event on third Thursday from 10-2 at Kingdom Impact

Meeting Adjourned