



**Cumberland County**

**Public Health Department**

***C-FORT Minutes November 2024***

**Agenda Item 1. Introductions**

**Attendees**

<b>Name</b>	<b>Affiliation</b>
Tamra Morris	CCDPH
Greg Berry	CCDPH/NCHRC
Alicia	
Amanda Klinck	Myrover Reese
Amy Jordan	MSN, Director of Operations, Cumberland RRC
Ana Adams	Hep C Bridge Counselor
Barabara White	Mid-Carolina Regional Council
Brittany Burders	DSS
Casey Perry	Rockfish Camp and Retreat Center
Caroline M. Price	
Charlton Roberson	NCHRC
Christina Scali	Insight Human Services
Danielle Farrior	
Elijah Bazemore	Consultant Vital Strategies
Heather Sroka	CCDPH/CCDC
Jasmine Harris	SRAHEC
Jermaine Russell	
Jeff Stultz	Broken Chains

John Russell	Ontrack Wellness
Kacie Deyle	FayCares
Kendle Holeman	Insight Human Services
Leah Rhone	CCDPH
Leona Smith	RRC
Lisa Blandin	SR-AHEC CME
Lisa Jayne	Cumberland County
Lisa Lofton-Berry	Fort Liberty Employee Assistance Program
Louis Leake	CTC Fayetteville
Mitzi Averette	Care Clinic
Monica Washington	Oxford House
Morgan Casey	City View
Nicole	
Orlando Smith	CCDPH
Regina Smith	Mid-Carolina Regional Council
Serena Gunn	Heal Holistic Journey
Shanhong Luo	FSU
Shanon Drummond	Coastal Horizons
Subrena Guy	Healthy Start Program, CHW
Taylor Blount	RRC

- Review minutes and make suggestions.
- No suggestions for revisions
- No opposition to minutes from the previous meeting
- Minutes approved

**Agenda Item 2. Opioid Data and Opioid Settlement Updates**

**Louis Leeke, Review of Overdose Data, ED Visits Data, Fentanyl Report**

- Comparison between Sept and Aug
- Time of the year to see increases in Ed visits and OD as holidays approach

- Previous month, 16 that went to ED 4 fent related, 7 other rx opioid, 5 were no specific
- Indicated that possible increases as we approach the end of the year
- Uptick in narcotics, numbers will increase
- Overall year to date numbers is down
- Expect increases to happen at this time of the year
- Deaths from Jan – July, 55 compared to 67
- The number is still high and are working on that
- In comparison to last year, nearly half of ED visits are for opioid overdose
- 138 were fentanyl related, the other 176 were from prescribed opioids
- Our shade of green is darker for the county, due to an increase in September
- This means more people are making it to the ED

### **Orlando Smith, CCDPH Housing Assistance**

- Recovery center – wanted to get someone into the oxford house, working with limited funds
- Access the support – can they present at the recovery center, or do they have to come to the health dept? can they go to the RRC in lieu of the HD?
- Deposit that goes along with the first month, can be used for
- Leona or Orlando can help folks with this – look into health screenings at the Recovery Center
- Connected care programs also use those funds but that is separate

### **Casey Perry, Camp Rockfish Camp and Retreat**

- Targeted and scheduled
- June 2-6 elementary campers' week
- June 23-27 Middle School Campers' week
- Campers' week – how to get youth referred to the camp?
- Targeted the schools/principals/nurses/social workers
- 30 kids each week
- Those schools were written into the grant to target those that are in need
- 3 dates on Saturdays to meet prior to the week camp, have a day camp

### **Louis Leeke, CTC Opioid Settlement**

- The new quarter is starting in October:
- Worked with 4 housing
- 92 transportations, those individuals may have used it 1-5 times
- 54 re-entry services
- 4 arranged utilities
- 26 for food security
- 17 people given thanksgiving dinner
- 53 – unhoused, clothing, tents, food, etc.
- 6 – connectivity

- 2 education – FTCC, 2 part of peer support specialist program
- Last quarter capital increased by 18%, this quarter so far 22%
- Numbers are lower because people are reaching stability
- We want the numbers to trend down
- Comment on data is such a nice snapshot of it all
- Categories – lion share of the cost: transportation is the most, recovery support is second
- Those numbers are from requests that were processed and provided

### **Heather Sroka, Healing from Within**

- 13 in the program
- CTC, Life Net, Southlight are partners
- Still be seen by therapists while incarcerated

### **Barbara White, Mid-Carolina Regional Council**

- Hired a pt coordinator, regina smith
- Kinship care in faith based and school community
- John – RRC, lost ones – senior citizens taking care of children who are guardians of kids left by OD Deaths
- Program for working with seniors, caregivers due 2 SUD, classes and therapy
- Can add people as classes are going

### **Amanda Klinck, Myover Reece Opioid Settlement**

- Quarterly report
- Total numbers
- 24 hours operation 3 houses
- 28 beds total
- House manager 24/7
- Tracking clients that come in, significant jump from last to this quarter
- 20 client increase
- 52 clients total
- Been referred to recovery support
- Employment services
- After 90 days they can start working
- Vocational rehab
- Partnership with Fayetteville Tech now (new)
- All clients have access within 72 hours,
- Carolina outreach – counseling services for mental health needs
- Dorm style housing
- Provided food and clothing – all needs are met
- All those things are included in the cost
- Primary healthcare – Goshen clinic
- Peer support specialist scholarship program, grant funded

- Challenge for 24-hour coverage
- 52 clients – 24 have reported a successful experience
- Completed the personal commitment and ready to transition out before 6 months, still allowed to stay the 6 months
- Moved to oxford house or back with family or on their own
- Hard to track people – trying to find ideas on how to track outside of calling
- 46% of the people in the program
- Things are going well – annual report has all the numbers

### **Charlton Roberson, NCHRC Opioid Settlement**

- Precarious time for people they serve
- Peer to peer overdose reversal
- Narcan distribution is helping
- Successfully able to link 20+ people to recovery support both in and out of county
- Transport
- Uptick in reports of substances that have been tainted with xylazine- more concrete numbers next time
- Operation turkey – send the info to Greg and Sanquis
- Ordering meals until the 22nd

### **Amy Jordan – CRRC**

- Living room opened at the end of sept
- Is a 16-bed unit
- Folks that need detox/stabilization on meds/treatment plans/
- Beyond 23 hours – go to living
- 128 folks in October
- 121 were admitted and retained or ongoing treatment
- 94.5% admission rate
- 19% readmission rate for additional care
- Most people coming in are requesting assessment and assistance with SUD
- 29% of folks that had SUD alcohol
- 46% cocaine use
- 17% opioid
- 8% stimulant use (not cocaine)
- Remainder of folks were other uses of assistance
- Average length of stay in 1.5 days
- By the end of November implementing the MAT program
- Dec 12, reintroduction of facility to the community
- Have CFORT set up tables to advertise different services offered
- 10am-5pm, drop in style event
- We will send out event flier on listserv

### **Regina Williams, Administrator Recovery Resource Center**

- Leona Smith provided the update
- 87 clients have come into the center so far
- Hours of the center, M-W, F 8-5, Th 10-7
- Different partners come in every day
- Peer support specialist on site
- Working on a master list for the Peer Support Specialists in the county

### **Agenda Item 3. Grant Updates**

#### **Greg Berry, CFORT Coordinator**

- SAMSHA FR-CARA has been awarded
- Two Additional peer supports will be hired
- PSS will provide naloxone training and naloxone distribution

#### **Dr. Shanhong Luo, Fayetteville State University**

- Request Opioid Remediation Research/Evaluation LOS for IRB
- Grant to look at the impact of xylazine in the Cumberland County area
- The objective is to get 900 participants who use; hear about their awareness, perceptions, etc. on their physical and mental well-being.
- Serve 300 health professionals to get their POV/experiences on xylazine impact
- 900 drug samples from the community – shipped to UNC drug lab for analysis to get obj analysis
- Help us know the impact of xylazine on the local area
- Fayetteville State University is working on developing the survey
- Waiting on money to get drug kits – hoping to start January 1
- Waiting for ethics approval through the University, trying to protect participants
- Need CFORT support to partner with the research team, collect drug samples/find participants/etc.
- Greg has started working with partners to help get this to work

#### **Greg Berry, CFORT Coordinator**

- Are there any objections to a letter of support from CFORT on this matter?
  - No objections

*How are we allowed to collect illicit drugs/how are you going to get samples?*

#### **Greg Berry, CFORT Coordinator**

- Sample kits are dispensed and collected by the research team

- Participants swab the drugs or whatever they used to prepare the substance and place the swab in a solution that neutralizes the substance.
- The returned samples are sent to the UNC street drug lab – sample results are uploaded anonymously

**Greg Berry, CFORT Coordinator**

***NACCHO ECSP LOS***

- ECSP – suicide prevention grant
- Marius Maximus and Health Department joint application
- Requests for Letter of Support
- No objections for letter of support

***NACCHO SPARC LOS***

- SPARC – early intervention through at-risk youth
- Proposed joint grant with Life Net Recovery Foundation and Health Department
- Letter of support – no objections

**Lisa Jayne, Cumberland County Grants Manager**

***COSSUP Grant Awarded***

- Grant was just awarded
- 1.3 million for 4-year grant – recovery support funds included
- SIMS and youth SIMS
- Similar grant to the one that got CFORT started, BJA funds, not Opioid settlement
- SIM Proposal aims to enhance diversion and deflection programs, multi agencies

**Agenda Item 4. Sequential Intercept Model Mapping**

**Greg Berry, CFORT Coordinator**

- SIM mapping – sequential intercept model mapping
- Framework for understanding the justice system’s revolving doors
- SIM interventions can divert or deflect to stop people from going further into the criminal justice system
- Save the date January 30, 2025
  - All day event to do the SIM mapping
  - More info at the next meeting
- Reach out to Sanquis or Greg

**Agenda Item 5. Next Steps**

**Greg Berry, CFORT Coordinator**

## **Recovery Resource Center grand opening**

- Formal kick off for the community
- Focus on the people we serve
- Traditional outreach event plus also a festive event like Recover Out Loud - blend the two ideas together
- Build up awareness and excitement, show them fun and make them comfortable
- First part/first quarter of the year
- Any other announcements?

## **John Russell –**

- Newsletter available
- No Sundays, this month will be at golden corral
- Every final day of the month, peer support for peer support

## **Leona Smith, RRC PSS**

- Creating a PSS local directory
- 171 PSS that are certified but don't know who they are, trying to bridge gap
- Will not be public information
- Only available for PSS
- Not just who they are but add area of focus (suggestions)

## **Mitzi Averette –**

- Not a peer support specialist. but verified by SMART Recovery and She Recovers

*Next meeting: Tuesday, December 17, 2024*

*10am-11:30am*

*Adjourned*