

# **Cumberland County**

# **Public Health Department**

# C-FORT Minutes March 19, 2024

# **Agenda Item 1. Introductions**

### **Attendees**

Adriana Londono, New Season Fayetteville	Melody Holdan. New Season Fayetteville
Treatment Center	Treatment
Alix Tew	Mitzi Averette, Methodist University
Amanda Klinck, Myrover-Reese	Orlando Smith, CCDPH
Amy Jordan	Richard Chandler, Butterfly
Antiche' Long, New Season Fayetteville	Sally Reeske
Treatment Center	
Carmen Elena-Santiago, Renew CC	Sheena Butler, CCDPH
Charlton Roberson, NCHRC	Tamra Morris, CCDPH
Christina Scali	Tara Tucker, CCEMS
Courtney McCollum	
De'Ara Anderson, CCDPH	
Demetris West	
Greg Berry, CCDPH/NCHRC	
Heather Skeens	
J.L. Garner, FCRC?	
Jeff Stultz	
Jennifer Green, CCDPH	
John Russell, Butterfly efx	
LaKiya Jenkins, CCDPH	
Laura Marquis, CCDPH	
Lisa Blandin	
Lisa Jayne, Cumberland Co.	
Lisa Lofton-Berry	
Lynette McMillan, LCSW, CRRC	
Martina Sconiers-Talbert	
Maryam Lafi	
Megan Tappin, NCCPSS	
Melanie David	

## Agenda Item 2. Opioid Data and Updates

#### Louis Leake, Carolina Treatment Center

-Data is currently unavailable.

# Tara Tucker, Cape Fear Valley

- -Total Behavioral Health Coded Calls: January 601, February 581.
- -Total Non-Fatal Post Overdose Calls: January 280, February 282.
- -Total Youth Behavioral Health Calls: January: 105, February 137.
- -In January there were 4 overdose calls for ages 1–4-year-olds. This prompted idea is to create prevention kits: Lock box, Medication disposal packet, Information.
- -We are working on getting an intern from UNC to help with data analysis
- -Total Suicide related calls: January 93, February 80.
- -Prompted idea to create suicide prevention kits to include:
  - Info sheet/988/LGBTQ + Resources
  - Kiwi/988/MORES
  - Gun safety lock
  - Medication lock box
  - Medication disposal kit
  - Journal and diary card
  - Medication assistance options
  - Tactile/Fidget toys
  - Essential oils
  - Narcan
  - Bags

### Orlando Smith, CCDPH BJA Funds Housing Data,

- \*\*\*3/19/2024 Oxford Houses of Cumberland Co.\*\*\*
- -93 total funding requests for 91 residents
- -2 requests for 2<sup>nd</sup> month of rent payment
- \*\*\*Funding Period 8/24/2002-3/12/2024\*\*\*
- -Myrover-Reese transfer-30
- -Jail/Prison-13

#### **CFORT MINUTES MARCH 2024**

- -RI International-11
- -Walter B. Jones Center-5
- -Wilmington Tx Center-5
- -Men's Recovery Tx Center-5
- -Harvest House- 2 (Dunn, NC)
- -Path of Hope Treatment Center-2
- -Homeless-5
- -Healing Transitions-1
- -Monarch Detox-1
- -Phoenix Counseling Center-1
- -Open Door Ministries- 1 (Magnolia, NC)
- -New Season MAT-1
- -Sober Living Amarica-1
- -Veterans Administration-1
- -Dream Life Recovery-1
- -Christian Recovery Center Inc.-1
- -Advanced Health Education-1
- -Robeson Confinement in Response to Violation (CRV) Center-1
- -Greensboro Treatment Transfer-1
- -Ashville Recovery Center-1
- -Elmore-Blackley Fellowship Home (Dunn, N.C.)-1
- -Come in Broken Ministries-1

# Referral Contact

Monica Washington
Outreach Services
Oxford House, Inc-C
(919)-805-5668
Monica.Washington@oxfordhouse.org
www.Oxfordhousenc.org

www.oxfordvacancies.com

1235 Ramsey Street | Fayetteville, North Carolina 28301 | Phone: 910-433-3600 co.cumberland.nc.us

#### **Charlton Roberson, NCHRC**

- -We have 3 locations for syringe services
- -Friday 1pm-3pm at RI Internation (Roxie Crisis Center)
- -Wednesday: 9am-12pm Carolina Treatment Center
- -Monday: 11am-1pm Day Resource Center
- -We have 4 workers in Cumberland County

## Dr. Jennifer Green, CCDPH Early intervention RFP update

- -The committee will meet next week for review
- -We will award those
- -Looking forward to a July 1st start date, with \$500,000 total allocated
- -Our hopes are to find a least 2 to 3 agencies over a 2-year period
- -Hoping to have more info after meeting in April

#### Tamra Morris, CCDPH

- -There is a new LPHA, Sanquis Graham
- -She is the direct supervisor of Greg Berry
- -Her email address is as follows: sgraham@cumberlandcountync.gov

### **Agenda Item 3. Recovery Center Update**

### **Charlton Roberson, NCHRC**

- -Reminder to complete the MOU interest form.
- -Workflow process/schedule.

## Agenda Item 4. Peer Support Certification Scholarship Update

### **Greg Berry, CFORT-C**

- -We received over 20 responses
- -A small committee is reviewing and prioritizing applicants
- -The selected applicants will be notified by March 26th
- -First Cohort will start on April 1st

### Agenda Item 5. Partner Presentation, New Seasons

# Adriana Londono, New Seasons Director

- -Our Services for Opioid Addiction Treatment:
  - <u>Medication-Assisted Treatment (MAT)</u> such as methadone, buprenorphine or Suboxone to address withdrawal symptoms and cravings.
  - <u>Counseling</u>: individual one-on-one, group, and family.
  - Medically supervised withdrawal.
  - Medical exams to ensure safety.
  - Convenient outpatient services.
  - Referrals.
  - Confidentiality.
  - Take-home benefits after meeting key criteria.

#### **Business Hours**

Mon - Fri: 5:00am - 1:30pm

Sat: 6:00am - 9:00am

Sun: Closed

Holidays: 6:00am - 8:00am

### **Dosing Hours**

Mon - Fri: 5:00am - 11:00am

Sat: 6:00am - 9:00am

Sun: Closed

Holidays: 6:00am - 8:00am

- -State funding available; however, they must be in Cumberland County
- -Both walk-in's and appointments are accepted

### Agenda Item 6. Next Steps

### **Greg Berry, CFORT-C**

-The CFORT Mobile Outreach Event has been moved to Friday (5/31/2024), from 1PM to 3PM, in the parking lot of the Coliseum Inn on HWY 301

-Friends and Family SMART registrations needed to move forward with teens

# Dr. Jennifer Green, CCDPH

- -SAMSHA Grant-LOC
- -We are asking for a letter of commitment from CFORT (we need only 1 letter)
- -The 1<sup>st</sup> Responders Comprehensive Addiction and Recovery Act: supports training for our 1<sup>st</sup> Responders and community partners
  - Grant due April 15<sup>th</sup>
  - Is a 4-year grant
  - Up to \$800,000 per year
  - Starts September 30<sup>th</sup>
- -Announce perinatal task force
  - This Thursday at 10am will be our 1<sup>st</sup> meeting
  - Healthy Start Grant: addresses maternal fatality and infant mortality
  - 1 committee for opioid which will be our C-FORT team
  - The idea is also to address syphilis and shortage of providers

Other Announcements (Guest speaker Tyler)

- -On April 12<sup>th</sup> from 4-10 he will be hosting a concert at Festival Park
- -Phase 1: wresting club is free; use as a tool for behavioral health and teaching life skills, helping kids to get their grades up, peer pressure prevention, etc.
- -Goal is to get scholarships to send kids to college and get them out of their environment/circumstances

#### Mitzi Averette, Methodist University

- -On Monday nights at Aaron Lakes Baptist Church, Recovery alive meetings are held.
- -Men and women break into sessions by gender and work out the steps to recovery held from 5:30-8:30.
- -Free childcare
- -Free food
- -Music

Next meeting: Tues April 16, 2024, 10 am-11:30 am

~Meeting Adjourned.