**Cumberland County's Employee Newsletter** 

# Connection

·> July 30, 2018

Take Advantage of Your Employee Wellness Benefits!

# **FREE** Wellness Classes

for Blood Pressure, Cholesterol and Blood Sugar Issues

Registered Nurse and Health Coach Donna Cannon will help you find solutions and create a plan for your blood pressure, blood sugar and cholesterol issues.

Tuesday, July 31 8 a.m.

Wellness Center Classroom

Tuesday, July 31 12 p.m.

Health Department 3<sup>rd</sup> Floor Auditorium

Interested? Contact Tammy Gillis at 678-7728 or tgillis@co.cumberland.nc.us Can't make it on Tuesday? More dates and times will be announced soon!



## Weight Watchers at Work



#### **New Session**

Wednesdays at 12:30 p.m.
Health Department

Health Department

3rd Floor Conference Room

- Members who join by July 30 will pay \$132.60 for the next 12-week series
- The program will run for 12 weeks and can be payroll deducted over three months (3 monthly payments of \$44.20)
- The County will reimburse employees who attend 10 of the 12 meetings 50 percent (\$66.30) of the cost

**Interested?** The deadline to sign up for the Wednesday 12:30 meeting and qualify for the discount is July 30. After that date, the price to participate will be \$156.

**Sign Up!** Complete the enrollment form on page 15. Please indicate which meeting you plan to attend. Submit the form to Tammy Gillis by email at tgillis@ co.cumberland.nc.us, interoffice mail or fax at 678-7717.

**Questions?** Call Tammy at 678-7728. Two new Weight Watchers meetings will start in September, and sign-up notices will go out later.

#### Registration ends August 3.



What is it? A 15-week weight management program, covered by the County's insurance plan that can be done online. You will get access to a registered dietician conducting live classes utilizing your computer or mobile device.

#### **Classes Start August 7**

Tuesdays Noon to 1 p.m. Tuesdays 7:30 to 8:30 p.m.

#### Sign Up! Go to https://

esmmweighless.com/enroll-choose-a-class/ to register and use the coupon code ASOCumberlandCo to join for only \$30. If you attend at least 10 of the 15 online meetings, the ESMMWL program will reimburse you the entire \$30. Perfect attendance participants will receive a free T-shirt!

You will need to use your personal computer or phone and personal email address when you sign up. Do not use your work email address, as the County's firewall blocks the confirmation. If you have problems, contact Madison Johnson with the ESMMWL program at mkfehlin@ncsu.edu.

Bottom Line The program is valued at \$235 and you can essentially participate in it for free if you attend at least 10 online meetings! Also, dependents age 18 and over and covered by the County's insurance plan can also participate.

**Questions?** Contact Tammy Gillis at tgillis@co.cumberland.nc.us or 678-7728.

### **Groups & Classes**

#### **Runners & Walkers**

Tuesdays & Thursdays at 5:30 p.m. Honeycutt Park on Ft. Bragg Road

**Yoga** Bring a mat!

Wednesdays at 5:30 p.m. G.B. Meyers Rec Center, 1018 Rochester Dr.

#### Zumba

Mondays & Thursdays at 5:30 p.m. Massey Hill Rec Center, 1612 Camden Rd



Cumberland County Emergency Services and the Cumberland County Sheriff's Office were honored at the Greater Fayetteville Chamber inaugural Public Safety Valor Awards June 28 at Manna Church.

Sgt. Christy Booyer and Senior Sgt. Adam Farnham of the Sheriff's Human Trafficking Unit received Livesaving Awards. The award is given to personnel who put their safety at risk to save the life of another person.

The Cumberland County Emergency Communications Center received an Award of Merit. Telecommunications manager Adam Johnson accepted the award on behalf of the 38 telecommunicators and staff. The Award of Merit is a certificate given for outstanding work benefiting the respective public safety departments.

The Cumberland County Sheriff's Office Special Victims Unit/ Youth Services Team (Lt. Kimberly Gagnon, Det. Robin Brinkley, Det. Wesley Bagley, Det. Shannon Odenwelder, Det. Daniel Frankart, Sgt. Jeffrey Mitchell and Det. Larry Sheets) also received the Award of Merit. A total of 42 people received awards at the ceremony.



Emergency Services Telecommunications Manager Adam Johnson, second from right, accepted the Award of Merit on behalf of the Cumberland County Emergency Communications Center at the Greater Fayetteville Chamber Public Safety Valor Awards. Also pictured, from left, are Chairman Larry Lancaster, Commissioner Glenn Adams and Commissioner Jimmy Keefe.



Sheriff Ennis Wright presents the Lifesaving Award to Senior Sgt. Adam Farnham, right, at the Greater Fayetteville Chamber Public Safety Valor Awards.



Sheriff Ennis Wright, center, congratulates deputies honored at the Valor Awards. From left are Sgt. Jeffrey Mitchell, Det. Daniel Frankart, Det. Shannon Odenwelder, Det. Wesley Bagley, Det. Robin Brinkley and Lt. Kimberly Gagnon.



Pictured from left are Fabian Horton, Tucker Samuelian, Bernnadette Slaton, Merrick Thomas, Adam White and Carson White. Also pictured are Commissioner Glenn Adams, County Manager Amy Cannon and Chairman Larry Lancaster.

### Commissioners, County Manager Help 4-H Youth Learn About County Government

Chairman Larry Lancaster and County Manager
Amy Cannon helped youth in the Cooperative
Extension 4-H Youth Government Tour learn about
county government July 20 when the tour's last day
was held in the Historic Courthouse. The tour was
held July 16 - 20. Lancaster explained how the board
of commissioners establish policies and laws, set the
property tax rate and pass the county budget. Cannon

explained the responsibility of county management to oversee numerous county departments and create a balanced budget every year. A graduation ceremony and pizza party were held afterward. Children in the Youth Government Tour visited various county departments during the week including Social Services, Public Health, Veterans Services, Solid Waste, Crown Complex as well as the North Carolina Courts system.



# Christmas in July

#### TOY DRIVE

The Sheriff's Office held its annual Christmas in July Toy Drive July 25 – 28. Deputies collected new, unopened toys to be donated to the Salvation Army and the Fayetteville Urban Ministry.

Pictured from left are Sheriff's Deputy Junior Campbell, Cpl. Hector Vargas, Lt. Shawna Leake and Sgt. Duvan Sanchez.

# **Evans Takes Social Services Board Oath of Office**

Commissioner Charles Evans took the oath of office to serve on the Social Services Board June 27.

Commissioner Evans was first elected to the Cumberland County Board of Commissioners in 2010 and re-elected in 2014.

He is the president and executive director of Life is Worth Living-Project Fresh Start.



# County Agencies Attend Housing and Resource Fair



From left, Marisa Ramos-Mason, Susan Dover and Tamra Morris of the Health Department provided information for residents at the Housing and Resource Fair July 3.

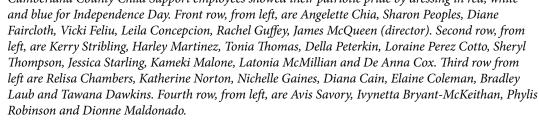
Representatives from Cumberland County
Community Development, Department of Public
Health and Social Services attended the City of
Fayetteville's Housing and Resource Fair July 3 at Mt.
Olive Missionary Baptist Church. The city teamed
up with the church to hold the fair for the Bonnie



Christopher Green, left, and Cheryl Campbell of the Department of Social Services were on hand to provide information at the Housing and Resource Fair at Mt. Olive Missionary Baptist Church July 3.

Doone community, including residents of Mobile Manor Mobile Home Park. Residents who attended the fair were able to get information about housing and assistance.





### **Child Support Donates Supplies for Foster Children**



Child Support employees
collected toiletries and
luggage bags in July to be
donated to children in foster care
in Cumberland County.

## Thanks for your kindness and generosity!

Pictured from left are (front row), Dionne Maldonado, Sharon White, Sharon Peoples, Harley Martinez and Tonia Thomas. Back row, from left, are Relisa Chambers, Tempie Matthews, James McQueen (director) and Elaine Coleman.



# New Officers on Board of Directors for Continuum of Care on Homelessness

The Fayetteville-Cumberland County Continuum of Care on Homelessness Board of Directors installed new officers June 26 in a ceremony held in the Pate Room at Headquarters Library.

The CoC is made up of agencies and stakeholders with a goal to prevent and significantly reduce homelessness in the Fayetteville and Cumberland County community.

The Fayetteville-Cumberland County CoC on Homelessness Board of Directors for 2018-2019 are, front row from left, Laressa Witt (Chair), Shelly Hudson (Vice Chair), Debbie Brown (Secretary), Ivonne Anton (Treasurer), Michelle Blanding, Lindsey Wofford and Cumberland County Community Development Interim Director

Dee Taylor. Back row, pictured from left are Denise Giles, Antonio Gardner, Gilmer Long, Mark Davis, Paul Taylor and Angelita Marable. Not pictured are board members Floyd Burton, Tonja Butler and Adolf Thomas.

The (CoC) is working to prevent and reduce homelessness in our community through planning, coordination of resources and the efforts of its agency partners and leadership. Cumberland County Community Development Department is the lead agency in the CoC. Community Development is at located at 707 Executive Place, Fayetteville.



### Liz Lahti Receives Search for Excellence Award

ooperative Extension Livestock Agent Liz Lahti was selected for the Search for Excellence Award in Crop Production at the North Carolina Agriculture Agents meeting in June. The Search for Excellence Award was for forage research and education. Lahti was among Cooperative Extension agents in five southeastern counties who received the award. The agents recognized a need for forage research and education. Forage production is a large part of livestock farms in the area and accounts for 22,600 acres of hay grown in the five counties. Over the last two years, the agents established

two sprigged bermudagrass variety trials, an herbicide trial and held three haylage field days to demonstrate how haylage is harvested and stored. Lahti shared the award with Taylor Chavis, Randy Wood, Miguel Castillo, and Stephanie Sosinski.

In 2016, Lahti was on a team of agents that received The Grange Search for Excellence Award for efforts to support the N.C. Farm School and Military Farm School.

The New York native has been with Cooperative Extension since 2014.



From left, are Cumberland County NC Works Career Center Disabled Veterans Outreach Specialist Gregory Jones, North Carolina Division of Workforce Solutions Director of Veterans Services Archie Barrow, Local Veterans Employment Representative Jacqueline Yi, Cumberland County NC Works Division of Workforce Solutions Assistant Manager Marsha Horne, Cumberland County NC Works Division of Workforce Solutions Manager Greg Wade, N.C. Department of Commerce Regional Operations Director John Lowery and North Carolina Division of Workforce Solutions Assistant Director of Veterans Services Victor Glover.

### **American Legion Recognizes NC Works Career Center**

The Cumberland County NC
Works Career Center Division of
Workforce Solutions was recognized
by the American Legion July 2. North
Carolina Division of Workforce
Solutions Director of Veterans
Services Archie Barrow presented
an American Legion Certificate
of Appreciation for the NC Works
Career Center's Outstanding
Achievement in the Employment of
Older Workers in 2017.

Barrow presented the American Legion Annual National Employment Service Award to Local Veterans Employment Representative Jacqueline Yi in recognition of her efforts to ensure the economic well-being of veterans in 2017 and her selection as the North Carolina American Legion Local Veterans Employment Representative of the Year for 2017.





North Carolina Division of Workforce Solutions Director of Veterans Services Archie Barrow, right, presents the American Legion Annual National Employment Service Award to Local Veterans Employment Representative Jacqueline Yi.

### Health Department Chosen to Lead Multi-County Parenting Program Implementation



T he Cumberland County Department of Public Health has been chosen to lead the implementation of Triple P (Positive Parenting Program) for an 18-county region.

Cumberland County was selected by the Division of Public Health's Children and Youth Branch as the lead based on the county's current community child abuse prevention work and success with regional initiatives.

Cumberland County was awarded \$290,500 by the Children and Youth Branch to hire three full-time positions that will lead the implementation and provide support for Triple P trained practitioners in the region.

"We are very excited to not only bring Triple P to Cumberland County and our region, but to be chosen as the lead county to implement the program," said Duane Holder, Interim Health Director. "That speaks volumes about our community and its efforts and commitment to improve child welfare and wellbeing in our community."



Triple P is an internationally acclaimed, multi-tiered system of evidence-based parenting interventions. This includes education and support for parents and caregivers of children and adolescents. The program has seven overarching goals:

- To promote the independence and health of families through the enhancement of parents' knowledge, skills, confidence, and selfsufficiency
- To promote the development of non-violent, protective, and nurturing environments for children
- To promote the development, growth, health, and social competence of young children
- To reduce the incidence of child maltreatment and behavioral/emotional problems in childhood and adolescence
- To reduce out-of-home placements
- To reduce emergency department visits related to abuse and neglect
- To reduce out of child care/school suspensions related to behavioral issues



#### Public Feedback Needed For Sandhills Regional Bicycle Plan

Do you enjoy the fresh air and the view of your surroundings that only a ride on a bicycle can provide? The Fayetteville Area Metropolitan Planning Organization needs your help to develop the Sandhills Regional Bicycle Plan. The North Carolina Department of Transportation awarded a \$225,000 planning grant to FAMPO to develop the comprehensive bicycle transportation plan, which covers Cumberland, Harnett, Hoke, Robeson and Scotland counties and parts of Bladen and Sampson counties.

You can provide feedback, take the online survey and view an interactive map at **sandhillsbikeplan.com**. Input from the public will help planners identify key routes, connections, opportunities and obstacles and prioritize areas for future implementation.

The goal of the Sandhills Regional Bicycle Plan is to provide a framework for the Department of Transportation and local governments to enhance bicycling as a mode of travel for both residents and visitors. Additional goals of the plan include promoting an active, healthy lifestyle, diversifying the regional economy, developing tourism and promoting the region as a destination for visitors.

"We invite residents of the Sandhills Region to provide input on bicycling in the area," said Eric Vitale, a planner with FAMPO. "Whether or not you are an avid cyclist, your opinion matters, and your input is essential to the success of this plan."

The timeline calls for developing and reviewing a draft plan this summer and fall and completing the final plan during the winter. Final presentations and implementation would start in Spring 2019.

sandhillsbikeplan.com

# Welcome Aboard!



Training Manager Patania Eiland, second from left, is pictured with the newest Cumberland County employee hires during orientation July 9 at the E. Newton Smith Center. From left are Anthony Dotta, Kimberly Walters, Bobbi Sampson, Amanda Hogue, Chavaungh McLamb, Blanca Cortazar, Maranyeli Torrales Davila, Latoya Robinson, Rebekah Thompson, Teresa McRae, Sara Armstrong and Natasha Roberts. Not pictured is Crystal Lewis.



The newest County employee hires at orientation held at the E. Newton Smith Center July 23 are, left to right, Jemile Hall, Tashama Johnson, Wendell Melvin, Casey Voncannon, Peter Hale, Tyhara Purcell, Julia Brown, Monica Straughn, John Goins, Rebecca Middleton, Clyde Bronson, Mindy Mason, Maurita Boone, Misti Darlingwenger, Karoline Bryant, Amanda Black, Jahmal McMillian, Djuna Hale, Ashley Burgess, Danielle Sibert, Roger Chenoweth, William Lee, Crystal Lewis, Ashley Crowell, Mark Everette, Paulette Weaver, Terri Langdon, Christine Hayward and Training Manager Patania Eiland.



### **Connect with us on social media!**









# Happy Birthday!

**Bob Tucker** in the Finance Department turned 60 June 11 and was treated to a lottery/casino-themed birthday party.

Ivonne Mendez in the Finance Department turned 40 on July 11 and enjoyed a beach-themed birthday party.



From left, are Tonya McKinney, Melissa Kampe, Carmella Baggett, Sandy Vega, Krystle Mize, Ivonne Mendez, Kimberly Williams, Amanda Bullard, Bob Tucker, Patsy Lucas, Kelly Autry, Julie Crawford, Vicki Evans, Renee Mitchell, Stacey Merritt and Todd Hathaway.



From left, are Tonya McKinney, Amanda Bullard, Kimberly Williams, Carmella Baggett, Sandy Vega, Patsy Lucas, Renee Mitchell, Krystle Mize, Ivonne Mendez, Todd Hathaway, Kelly Autry, Vicki Evans, Julie Crawford, Stacey Merritt, Melissa Kampe and Bob Tucker.

# June Employment Anniversaries



Administration	Renee Gleaton	2000	<b>Public Health</b>	Mary Brown	2005
<b>Animal Control</b>	Elaine Nolan	2016		Tabitha Collier	2006
<b>Board of Elections</b>	Robert Waring	2016		Jeanine Conormon	1998
	e			Ana Martinez	2016
Central Maint	Milton Bazemore	2003		Wanda McNeil	2006
Child Support	Rosemarie Foderaro	1996		Mary Poole Kimberly Riley	1998 2014
	Nichole Halsey	2016		Marta Rivera	2014
	Marisol Locklear	2012		Monica Short-Owens	2014
	Ben Roberts	2011		Teryn Staley	2008
	Sharon White Sean Underwood	2008 2014		Nicole Thomas	2014
				Michelle Thompson	2000
Cooperative Ext.	Robert Bland	2006		Philomena White	2017
<b>Emergency Services</b>	Sherry Joines	2016		Ashley Yun	2015
	Christina King	2016	<b>Register of Deeds</b>	Brittany Floyd	2017
Engineering + Infras	tructure		Sheriff's Office	Rebecca Bazzarre	2014
	David Blank	2013		Allen Black	2013
	Thomas Eastman	2007		Christopher Blevins	2009
	Patrick Gaddy	1998		Christy Booyer	2000
	Rodney Inman	2007		Robin Brinkley	2010
	John Norton	2006		Jonathan Brisson	2012
Governing Body	Candice White	2006		Darlene Broadus	2000
<b>Human Resources</b>	Reesa Eastman	1995		Michael Bushee	1997
	Rumiko McKnight	2017		Eugene Daniels	1997
IS Technology	John Barrett	2009		Joseph Dawson	2015
	,			Ashante Dawson	2017 2015
Legal	Rickey Moorefield	2009		Tyler Gallo Cletina Gillespie	2013
Library	April Anderson	2009		Cassandra Goman	2016
	Chermaleta Brown	2014		Lynne Gralewski-Allee	2012
	Amanda Dekker	2015 2010		Frederick Grehl	2007
	Regina Graham Candice Jasper	2010		Ada Hairr	2011
	Melissa Lang	2010		Kevin Hamlett	2014
	Michele Lockleair	2015		Delwin Haywood	2015
	Caitlin Ostberg	2015		Phillip Hernandez	2006
	Hawa Sahib	2016		Tony James	2015
	Penny Sizick	2006		Ina Jones	2003
	Harold Sledge	2001		Joshua Lafave	2014 2014
	Molly Utley	2012		Jonathan Matos James McGrady	2014
	Dawn Walcott	2003		Constance McNeill	2008
	Susan Weigel	1994		Robert Mero	2015
Planning	Delores Cogdell	1993		Marilyn Morrison	2014
	Cecil Combs	2006		Amber Morrow	2014
	Michael Naylor	2003		Jessica Nauta Boone	2017
	Timothy Strickland	2015		Jane Parkhurst	2008
	Scott Walters	2015		Brian Perry	2007
PreTrial Services	Alvin Chestnut	2015		James Powell	2015
	Latonya Melvin	2005		Robert Raynor	2008
	Stacy Reeves	1999		Phillipi Russ	2012
Print, Mail + Design	Debbie Horton	2005		Duvan Sanchez	2008
	Mia Kaleiwahea-Perry	2010		Subira Sanders	2012

# June Employment Anniversaries



Sheriff's Office	Dennis Shaw	2003	<b>Social Services</b>	Teresa Jones	2014
	Larry Sheets	2005		Dawn Lane	1994
	Mercedes Shepard	2015		Michelle Lee	2008
	Roderick Smith	2015		Christi Locklear	2014
	Craig Spearman	2008		Joanna Mayr	2013
	Robert Stallings	2008		Lori McLauchlin	1997
	Vicente Stitt	2007		Kira McNeill	2008
	Travis Thornton	2013		Clifton Melvin	2005
	Jennifer Tuiasosopo	2004		Vonda Mullino	2017
	Reid Tyndall	2015		Crystal Palmer	2014
	Tristan Vittorelli	2012		Nancy Poronto	1989
	Thomas Walker	2015		Andrea Rayner	2015
	Anthony Webster	2012		Heather Revels	2015
	Jason Wells	2013		Shaydee Romero-Padron	2013
	Tina Wesley	2014		Staci Sansone	2013
	Thomas Wilson	2015		Mary Simmons	2016
	Keisha Wise	2013		Cloteal Smith	2007
	Ennis Wright	1997		Gloria Strickland	1998
	Chaice Zwan	2014		Kierra Thurman	2015
<b>Social Services</b>	Shona Bannister	2003		Okisha Wells	2005
	Brittany Borders	2010		Sharresse Whitted	2014
	Stacy Burney Jones	2014		Lolitha Williams	2004
	Beverly Carmichael	1994		Tashima Wilson	2005
	Sandy Connor	2017	Solid Waste	Helen Adams	2015
	Vanna Cummings	2013		Steven Ashby	2013
	Calondrea Delaney Livingston	2014		Jonas Carpenter	1997
	Gertrud Dews	2007		Sammy Faircloth	2013
	Danelle Donaldson	2013		Sylvia Falcon	2016
	Felicia Elliott	2010		Matthew Kettler	2009
	Christopher Green	2015		Kenneth Sharp	2017
	Veronica Hudson	2000	Tax Administration	SharonBanks	2000
	Francis Jackson	1998		KelliGregg	2016
	Yazlyn Jacobs	2013		Robert Schob	1992
	Shemika Johnson	2005			



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<sup>\*</sup> Color: Your department pays .059 per copy. PM&D pays .04 or less per copy.)

### **Active Shooter Training Videos Now on the Intranet**



Videos of the Active Shooter Training for Cumberland County employees and new hires are now available on the Intranet at <a href="http://intranet/default.aspx">http://intranet/default.aspx</a>. The videos are at the bottom of the Intranet home page under Workplace Violence – Active Shooter Training.

The first video is a recording of an Active Shooter Training session conducted by Sheriff's Office Lt. Gary Dudley and Senior Sgt. George Hall in the Crown Coliseum ballroom in June. The second video is the Houston, Texas, "Run. Hide. Fight." video and the third video is the Department of Homeland Security's "Options for Consideration Active Shooter Training" video.

Both these videos were shown during the training. The Active Shooter Training was an initiative of the County's Workplace Violence Committee.



Need Help Kicking the Habit?

Try free cessation services through QuitlineNC. A Quit Coach will help identify what triggers you to smoke, dip or chew; help you think of activities other than using tobacco; talk about what hasn't worked and new things you could try; tell you about medications that can help you quit and provide helpful websites to visit. Call QuitlineNC 24/7 at 1-800-QUIT-NOW (1-800-784-8669) or go to quitlinenc.com for more information.

Public Health also offers **smoking cessation classes** at various times throughout the year. Call 910-433-3600 for more information.



Recognizing that all people are different, we treat everyone with dignity and serve our diverse population with professionalism, respect, integrity, and excellent customer service.

#### **Amy Cannon**

County Manager

County Manager's Office 117 Dick Street • Courthouse, Suite 512 Fayetteville, NC 28301

910-678-7723 acannon@co.cumberland.nc.us

#### **MISSION STATEMENT**

To provide quality services to our citizens while being fiscally responsible.

#### **VISION STATEMENT**

To grow as a regional destination for employment, economic development, commerce and cultural pursuits.

#### **CORE VALUES**

Serving Cumberland County citizens with **PRIDE** 

**Professionalism** 

Respect

Integrity with Accountability

Diversity

Excellent Customer Service







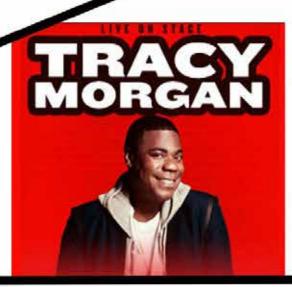


co.cumberland.nc.us



# MP













July 21: Fayetteville Roller Derby

July 28-29: C&E Gun and Knife Show

August 3-4: Missions of Mercy Dental Clinic

August 8-10: Hugs and Kisses Consignment Sale

August 18: Sandhills Purple Heart Dinner

October 18: Newsboys

October 20-21: Fayetteville ComicCon November 3: Harlem Globetrotters

November 27: Michael McDonald This

Christmas, An Evening of

Holiday & Hits

December 10: Moscow Ballet's Great

Russian Nutcracker

December 13-16: Disney On Ice:

Mickey's Search Party

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# **Cumberland County Wellness Services**

# Weight Watchers Program <u>Payroll Deduction Form</u>

### **EARLY DISCOUNT**

(Must be received by July 30, 2018)

#### 12:30 WEDNESDAY MEETING

I hereby voluntarily authorize Cumberland County to deduct \$44.20 one time per month for 3 (three) consecutive months, for a total of \$132.60, beginning in November 2018, for the Weight Watchers At Work Program that begins on August 22, 2018. I understand and agree that if I attend 10 of 12 weekly Weight Watchers meetings I will receive a \$66.30 reimbursement from the County.

Employee Name (Printed or Typed) / Department
Employee ID Number
• •
T '1 A 11
Email Address
Employee Signature / Date
Employee Signature / Date
Weekly Meeting Location
, 8